

# THE PRIORY NEWSLETTER

RESIDENTIAL HOME

A Member of the Graham Care Group



[www.thepriorypembury.co.uk](http://www.thepriorypembury.co.uk)

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**LORRAINE COUSINS**  
Home Manager

## July 2009 - Welcome to The Priory

### This Month's Topics

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Welcome to our July newsletter. I hope that you enjoyed the settled weather at the start of the month as much as we did. The sunshine ensured that our wonderful gardens were put to very good use, with many a day spent by residents enjoying the fresh air; ice lollies to hand and feet sunk in refreshingly cool bowls of water.

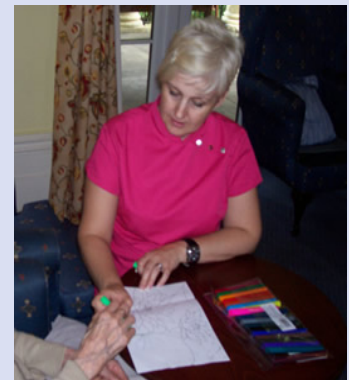
### Making the Most of Our Gardens

We were very grateful to receive a new garden table this month, kindly donated by the family of one of our former residents. It is currently being put to very good use by our activities team providing the ideal setting for enjoying various crafts including, painting, card making and puzzles, outdoors in beautiful surroundings.

We're also delighted by the progress of our vegetables and herbs, kindly tended by one of our residents. The results of his endeavors will shortly find their way into our kitchens for everyone to enjoy!

### Michelle Joins the Team

Michelle, our new cook, joins this week and is already planning to meet up with residents and relatives in order to gain feedback and



## PALM Group Update

I introduced our Priory Activities and Lifelong Memories (PALM) Group initiative, designed to help stimulate residents and assist in their recollection and discussion of events that took place in their past.

The initiative is moving apace, with some excellent contributions being made such as wedding veils and lucky wedding horseshoes, school certificates plus a wealth of nostalgic photographs. We were also delighted to receive feedback and input from grandchildren, adding a further dimension to the content of the Life Story books we are creating.

The activity is playing an integral part in our move to a Relationship Centred Care model, whereby significant emphasis is placed upon developing closer links and better communication between residents, relatives and friends, management and careers.

We have now incorporated a more detailed explanation of the work we are undertaking in this area on our website and I would invite you to learn more by following this [link](#).

explore new menu ideas. She will be available to introduce herself and speak to you at our forthcoming relatives' meeting, taking place on the 30th July, and would welcome your views and suggestions.

#### River Trip

We have decided to plan our river trip outing for August as soon as the very hot weather has subsided and will be taking a boat down the River Medway from Maidstone to visit the Malter pub in Aylesford. The river is looking beautiful at the moment and everyone is looking forward to a fantastic day out.

#### Pandemic Advice

May I ask that everyone planning to visit the Home be mindful of the Swine Flu Pandemic containment advice we will be issuing shortly. By observing the protocols outlined in the information and keeping away from the home for a period if you think there is any risk of cross infection, you will be helping tremendously in our battle to minimise any risk.

If you have any questions surrounding the containment advice we send, please feel free to [contact me](#) and don't forget to bring your menu suggestions along with you on the 30th for Michelle. I look forward to seeing as many of you as possible on the day.



Lorraine Cousins  
**Home Manager**

#### Almost Ready for The Kitchen



#### In Full Bloom



#### A Delightful Walk



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