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# LORRAINE COUSINS Home Manager

# September 2009 - Welcome to The Priory

### **This Month's Topics**

Relationship Centred Care

**General Practioner Support** 

**District Nurse Support** 

New Chaplain

Welcome to the next edition of our newsletter. I hope you are enjoying our regular updates and if any of your colleagues would like to receive our monthly communication, please ask them to contact me via e-mail and they can be added to the circulation.

## **Relationship Centred Care**

As part our commitment to Relationship Centred Care we now have a Family Chat Corner in our large lounge. This is an extension of PALM Group enhancing communication between residents and relatives. A personal computer had been set up in the Family Chat Corner specifically for the use of residents. Corinne will be the first point of call to assist residents in sending and receiving e-mails.

The new computer is also enabling further research into the building of Life Stories and the production of family trees. In addition Corinne and Anita can research relevant aspects of a resident's life for example, one resident belonged to a singing and dancing troupe and Anita is attempting to find information about the troupe via the internet.

One to one sessions with the use of the computer not only enable residents to view areas of interest but also becomes part of

# **New Chaplain**

I am delighted to welcome the Reverend Heather Hughes as our new chaplain. Her aims are to befriend residents, relatives and staff, offer spiritual guidance as requested and to provide encouragement and support regardless of background or religious beliefs. We already have a formal church service once a month, but are very pleased to have this extra spiritual support. The Reverend Hughes will be celebrating the special times of the year such as the meaning of harvest and why it is important. In addition, she can be contacted by telephone and Lorraine will be happy to put you in touch.

reminiscence therapy. Residents have viewed items such as an air show and an old Pathe news.

#### **General Practioner Support**

We are very pleased to have the support of Dr Lautch, Dr Cameron and Dr Justice from the Waterfields Surgery in Pembury. The doctors work on rotation with a visit from one of them each week. This enables all three doctors to get to know our residents on an individual basis. If we need to call a doctor in an urgent situation, they system ensures that they will have some knowledge of the resident requiring attention.

The weekly surgery is held on a Wednesday. As well as attention for those who have been unwell residents are seen for general review or can request a consultation. Residents are seen in their own room to ensure privacy. The doctor discusses the health needs and particular aspects of care with Lorraine the Manager. Care is taken to ensure that all residents are seen on a regular basis.

The doctors will attend the home whenever called out and will also offer telephone support if we have a query. The Priory really values the support and advice that is available from the Waterfields practice. <a href="mailto:sample link">sample link</a>.

#### **District Nurse Support**

As a residential home we require the support of District Nurses and the PCT allocates four or five nurses who are based at Paddock Wood. Nursing care needs of residents mean that currently our nurses are visiting twice a day, seven days a week. In addition to their nursing services our District Nurses provide training on blood glucose testing, pressure ulcer prevention and continence assessment.

If you require further information relating to any of the above topics please contact me by following this  $\underline{\text{link}}$ .

**Lorraine Cousins** 

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Manager

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